

1     **The South Pacific Pressure Trend Dipole and the Southern Blob**

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15 During the last four decades, the sea level pressure has been decreasing over the  
16 Amundsen-Bellinghshausen Sea (ABS) region and increasing between 30-40°S from  
17 New Zealand to Chile, thus forming a pressure trend dipole across the South Pacific.  
18 The trends are strongest in austral winter and have influenced the climate of West  
19 Antarctica and South America. The pressure trends have been attributed to decadal  
20 variability in the tropics, expansion of the Hadley cell and an associated positive  
21 trend of the Southern Annular Mode, but these mechanisms explain only about half  
22 of the pressure trend dipole intensity. Experiments conducted with two  
23 atmospheric models indicate that upper ocean warming over the subtropical  
24 southwest Pacific (SSWP), termed the Southern Blob, accounts for about half of the  
25 negative pressure trend in the ABS region and nearly all the ridging /drying over  
26 the eastern subtropical South Pacific, thus contributing to the central Chile  
27 megadrought. The SSWP warming intensifies the pressure trend dipole through  
28 warming the troposphere across the sub-tropical South Pacific and shifting the mid-  
29 latitude storm track poleward into the ABS. Multi-decadal periods of strong SSWP  
30 warming also appears in fully coupled pre-industrial simulations, associated with a  
31 pressure trend dipole and reduction in rainfall over the central tropical Pacific, thus  
32 suggesting a natural origin of the Southern Blob and its teleconnection. However,  
33 the current warming rate exceeds the range of natural variability, implying a likely  
34 additional anthropogenic contribution.

## 36 **1. Introduction**

37 The atmospheric circulation over the extratropical South Pacific exhibits strong  
38 variability at interannual and interdecadal timescales (Connolley 1997; Fogt et al.  
39 2012). This is due in part to the Antarctic topography and the off-axis orientation of  
40 Antarctica about the pole by which variations in the westerly wind strength leads to  
41 strong fluctuations in pressure over the South Pacific (Baines and Fraedrich 1989;  
42 Lachlan-Cope et al. 2001), as well as strong teleconnections stemming from tropical  
43 sea surface temperature (SST) anomalies (Lachlan-Cope and Connolley 2006; Ding  
44 et al. 2012; Clem et al. 2017a). Early studies focused on year-to-year variability and  
45 identified the Pacific South America (PSA) mode (Mo and Ghil 1987; Kidson 1988;  
46 Lau et al. 1994), a well-defined wave train with three circulation nodes arching  
47 from the western tropical Pacific to Argentina with major impacts on the climate of  
48 South America and Antarctica (e.g., Montecinos et al. 2000; Irving and Simmonds,  
49 2016). The PSA was subsequently linked to SST anomalies in the equatorial Pacific  
50 occurring during El Niño Southern Oscillation (ENSO) events (e.g., Karoly 1989)  
51 although a PSA-like pattern can also be excited by the Madden-Julian Oscillation at  
52 intraseasonal timescales (Flatau and Kim 2013; Henderson and Maloney 2018; Lee  
53 and Seo 2019).

54 Recently, attention has been placed on the pressure decline in the periphery of  
55 West Antarctica during the last 3-4 decades (e.g., Jones et al. 2016; Raphael et al.  
56 2016). We refer to this region as the Amundsen-Bellingshausen Sea (ABS: 70°-60°S;  
57 230°-280°E, see box in Fig. 1a). In particular, the deepening of the Amundsen Sea  
58 Low (ASL) has been linked with observed sea ice trends in the South Pacific  
59 (Stammerjohn et al. 2012; Purich et al. 2016; Meehl et al. 2016) and surface  
60 warming across West Antarctica (Ding and Steig 2013; Clem and Fogt 2015;

61 Bromwich et al. 2012). Idealized numerical experiments have found the recent  
62 deepening is largely linked to SST anomalies from a variety of tropical sources  
63 including the tropical Pacific, Atlantic and Indian oceans (Li et al. 2014; Ding et al.  
64 2012). The strength of these teleconnections varies seasonally, in part because of  
65 the seasonal variability in the subtropical jet over Australia and the adjacent South  
66 Pacific which interferes with Rossby wave propagation from the tropics into higher  
67 latitudes (Li et al. 2015; Yiu and Maycock 2019). The position and intensity of the  
68 ASL is also modulated by the Southern Annular Mode (SAM; e.g., Fogt et al. 2012).  
69 The SAM trend towards its positive polarity during austral summer due to ozone  
70 depletion thus emerge as another important driver of the ASL deepening in  
71 summer (e.g., England et al. 2016), while tropical variability is a more important  
72 driver of the ASL deepening in autumn (Ding and Steig 2013) and spring (Clem and  
73 Fogt 2015). Recent modelling studies suggest that cooling of the eastern equatorial  
74 Pacific from 2000 to 2014 was the primary forcing of the negative sea level  
75 pressure (SLP) anomalies over the ABS region in this period (Trenberth et al. 2014;  
76 Meehl et al. 2016) in all seasons, with a secondary contribution from warming in  
77 the tropical Atlantic during austral winter and spring (Li et al. 2014; Simpkins et al.  
78 2014). The observed cooling of the eastern tropical Pacific, associated with the  
79 transition of the Interdecadal Pacific Oscillation (IPO) to its negative phase after  
80 1999 (Meehl et al. 2016) has also contributed to the slowdown in the rate of global  
81 warming (Trenberth and Fasullo 2013; Trenberth et al. 2014) as well as the  
82 strengthening of the Southern Hemisphere (SH) mid-latitude jet during summer  
83 and autumn (Clem et al. 2017b; Schneider et al. 2015).

84 Concurrent with the pressure decline over the ABS region, the surface pressure has  
85 been increasing across much of the subtropical Southern Oceans (30°-40°S),

86 especially over the eastern half of the South Pacific (Fig. 1a), possibly in connection  
87 with an expansion of the Hadley cell (Garfinkel et al. 2015). A poleward shift of the  
88 cell's descending branch has been detected on a variety of observed metrics (Hu  
89 and Fu 2007; Lu et al. 2009) as well as in model simulations (Seidel et al. 2008; Hu  
90 et al. 2013). The Hadley cell expansion is also consistent with the strengthening /  
91 poleward shift of the mid-latitude westerly winds in the SH (e.g., Polvani et al.  
92 2011) and a slight positive trend in the SAM (Previdi and Liepert 2007; Ablaster et  
93 al. 2011). The increasing anticyclonic circulation over the sub-tropical South Pacific  
94 directly influences eastern South Pacific SSTs by driving stronger equatorward,  
95 upwelling favorable winds along the west coast of South America resulting in a  
96 regional, off-equatorial surface cooling over the last several decades (Falvey and  
97 Garreaud 2009; Vuille et al. 2015). Moreover, the strengthening of this subtropical  
98 high-pressure cell has been associated with an intense multi-decadal drying trend  
99 over the subtropical southeast Pacific (Boisier et al. 2016) including a severe  
100 drought since 2010 in central Chile and the subtropical Andes (Garreaud et al.  
101 2017; 2019) as well as western Argentina (Rivera et al. 2017).

102 The ridging at sub-tropical latitudes together with the negative SLP trends in the  
103 ABS region has resulted in a zonally elongated SLP trend dipole over the South  
104 Pacific (Fig. 1a) and associated strengthened mid-latitude westerlies over the South  
105 Pacific (Schneider et al. 2015). A similar dipolar structure was identified by You and  
106 Furtado (2017) as the leading mode of the SLP variability (termed as the South  
107 Pacific Oscillation; SPO). In the present study, we investigate the origin and climate  
108 impacts of the pressure trend dipole across the South Pacific during the last four  
109 decades, focusing on the extended SH winter season (May-September) when both  
110 the magnitude of the dipole trend and drying in western South America are

111 strongest. Of relevance is assessing the role of natural modes of climate variability  
112 and anthropogenic forcing in sustaining the pressure trend dipole, a relevant task  
113 in the context of the ongoing climate change.

114 Several observational datasets (described in section 2a) are used to detect multi-  
115 decadal trends in the SH (section 3a) and determine the portion of them that are  
116 linearly congruent with sustained changes in tropical and high latitude climate  
117 modes (section 3b). To investigate the role of the SST changes (section 3c) upon  
118 tropospheric circulation and precipitation trends over the South Pacific we  
119 performed several numerical experiments using two Atmospheric GCMs of different  
120 level of complexity: CESM (Community Earth System Model) and SPEEDY  
121 (Simplified Parameterizations, primitivE-Equation DYnamics). The atmospheric  
122 simulations inform us on the direct atmospheric response to SST cooling or  
123 warming in specific areas of the tropical and subtropical oceans; however, it is  
124 important to note that they do not capture potential atmosphere-ocean feedbacks.  
125 With the CESM we conducted sensitivity experiments by adding a step function  
126 change to SST (section 2b) while SPEEDY was integrated in an AMIP style (sections  
127 2c). Despite different modelling strategies, results from both sets of sensitivity  
128 experiments (sections 4a,b) suggest that a strong SST warming in the subtropical  
129 southwest Pacific (SSWP; Volstok et al 2017; Saurral el at. 2018) in recent decades  
130 plays a crucial role in producing the intensity and spatial extent of the South Pacific  
131 pressure trend dipole. The so-called Southern Blob seems to emerge in response to  
132 a significant reduction in convection in the central equatorial Pacific over the past  
133 four decades but it has continued unabated to present despite the negative phase of  
134 the IPO weakening after 2014 (Meehl et al. 2016). We also compare our  
135 observational and AGCM results to fully-coupled pre-industrial climate simulations

136 from CMIP5 (section 4c) which capture both the large-scale processes tied to the  
137 emergence of the Southern Blob as well as its role in generating the South Pacific  
138 pressure trend dipole (section 5). A summary of our findings is presented in section  
139 6.

## 140 **2. Data and models**

### 141 *a. Observational datasets*

142 The observational analyses generally span the last four decades (1979-2018),  
143 though a few datasets began their record in 1980 or 1981. We focus on the period  
144 May to September (MJJAS), the extended austral winter, because the pressure trend  
145 dipole is strongest over this period (see section 3a), it coincides with the rainy  
146 season in central Chile and subtropical Andes during which the ongoing drought in  
147 this region is at its peak (Garreaud et al. 2017), and tropical teleconnections in the  
148 SH are strongest over this period. Trends were calculated by linearly regressing  
149 (least-square mean method) a given variable over time. Statistical significance was  
150 assessed using a two-tailed Student's t-test on the regression slope (Wilks 1995).

151 The large-scale circulation was investigated using the European Centre for  
152 Medium-Range Weather Forecasts ERA5 Reanalysis (Hersbach et al. 2019),  
153 available from 1950 to present, including gridded ( $1.5^{\circ} \times 1.5^{\circ}$  lat-lon) monthly  
154 means of SLP and precipitation as well as geopotential height and air temperature  
155 at various pressure levels. Key results using ERA5 were compared to and are  
156 consistent with the National Center for Environmental Prediction – National Center  
157 for Atmospheric Research Reanalysis (NRR, Kalnay et al. 1996), though these results  
158 should be taken with caution due to known spurious negative trends in pressure  
159 over the SH (Marshall 2013). Our study also employs monthly mean SST fields

160 from the Hadley Centre Sea Ice and Sea Surface Temperature data set (HadISST 1.1)  
161 available from 1870 onwards on a  $1^\circ \times 1^\circ$  lat-lon grid (Rayner et al. 2003), the NOAA  
162 Optimum Interpolation (OISST - V2) available from 1981 onwards on a  $1^\circ \times 1^\circ$  lat-  
163 lon grid (Reynolds et al., 2002), and the NOAA Extended Reconstructed Sea Surface  
164 Temperature V5 (ERSSTv5) available from 1854 onwards on a  $2^\circ \times 2^\circ$  lat-lon grid  
165 (Huang et al. 2017). The ocean warming was further studied using the NCEP Global  
166 Ocean Data Assimilation System (GODAS), a real-time ocean analysis with 40  
167 vertical levels and  $1^\circ$  horizontal resolution (Behringer and Xue 2004) with monthly  
168 mean values since 1980. ERA5 precipitation trends were corroborated with  
169 monthly means of the NOAA Interpolated Outgoing Longwave Radiation (OLR) after  
170 1979 on a  $2.5^\circ \times 2.5^\circ$  lat-lon grid (Liebmann and Smith 1996) as well as CPC Merged  
171 Analysis of Precipitation (CMAP) monthly dataset from 1979 that combines  
172 observations and satellite precipitation data into  $2.5^\circ \times 2.5^\circ$  global grids (Xie and  
173 Arkin 1997).

#### 174 *b. CESM atmospheric only simulations*

175 In section 4 we performed three sensitivity experiments using CESM version 1.2  
176 (Hurrell et al. 2013) to determine the role of SST changes on the circulation trends  
177 and to isolate the direct effect of the SSWP warming (Table 1). The CESM was run in  
178 atmosphere-only mode using CAM5 physics and dynamics with prescribed SST and  
179 sea ice conditions (Hurrell et al. 2008), a horizontal resolution of  $1.9^\circ \times 2.5^\circ$  lat-lon,  
180 and 30 vertical levels. Greenhouse gases (GHG) and stratospheric ozone (O3)  
181 concentrations were set at pre-industrial levels representative of the 1850s. We  
182 performed a total of three 30-year simulations each following a one-year spin up:  
183 (i) a control run with 1950-2017 monthly SST climatologies and default 1982-2001  
184 monthly sea ice climatologies (CLIM), (ii) a full global SST trend run in which the



185 1979-2018 monthly SST trends (total change in the 40-year period) were added to  
186 the respective control monthly SST climatologies (CLIM+dSST), and (iii) as in (ii)  
187 but without the observed 1979-2018 SSWP warming (CLIM+dSST No SSWP) by  
188 applying a  $-1.5^{\circ}\text{C}$  anomaly over the region  $162.5\text{-}152.5^{\circ}\text{W}$ ,  $33\text{-}40^{\circ}\text{S}$  which removes  
189 the observed  $+1.5^{\circ}\text{C}/40\text{-yr}$  warming observed there over 1979-2018 (see section  
190 3c). The climatology and perturbed SST fields used in each experiment are shown in  
191 Sup. Fig. 1. We examine differences between simulated 30-year climatologies of  
192 SLP, 500 hPa geopotential height (Z500), precipitation and other fields of each run.  
193 These sensitivity simulations allow us to examine the role of the global ocean (full  
194 global SST trend) in causing the atmospheric circulation trends between 1979 and  
195 2018 and the relative role of the SSWP SST warming within the global SST trend.

196 An additional sensitivity experiment performed with CESM was conducted to  
197 investigate the relative role of the observed decrease in precipitation over the  
198 central tropical Pacific (CPac) during 1979-2018. In this case we apply a negative  
199 SST anomaly ( $-1.5^{\circ}\text{C}$ ) over the region of observed reduced rainfall/positive OLR  
200 (centered at  $180^{\circ}$ ,  $6^{\circ}\text{S}$ ) which reproduces the local drying observed there. In all  
201 sensitivity experiments, the SST anomaly in the center of the target region  
202 diminishes to zero following a sine function over a  $10^{\circ}$  lat/lon at all sides of the  
203 anomaly box to avoid spurious SST gradients.

#### 204 *c. SPEEDY experiments*

205 To corroborate the results from CESM, we used large ensembles of numerical  
206 experiments with SPEEDY (Kucharski et al. 2013). SPEEDY is an atmospheric global  
207 circulation model (AGCM) that solves the primitive equations with a spectral  
208 dynamical core and simplified physical parameterizations (large-scale

209 condensation, shortwave and longwave radiation, shallow and deep convection,  
210 surface fluxes of momentum and energy, and vertical diffusion). The model  
211 resolution used is T30L8, which corresponds to a triangular spectral truncation  
212 with 30 wave numbers (96×48 Gaussian grid points), about 3.75°×3.75°, and eight  
213 vertical levels (Molteni 2003). Our SPEEDY simulations (Table 1) encompass the  
214 period 1960 - 2016 but trends were subsequently calculated using the model  
215 outputs over the last 40 years of the integration (1977-2016) that most closely  
216 match the observational period (1979-2018). (We also verified that observed  
217 circulation trends using 1977-2016 does not differ significantly from those using  
218 1979-2018).

219 In contrast to CESM, the SPEEDY was integrated in an AMIP-like fashion in which  
220 we prescribed monthly varying ocean boundary conditions. In the control  
221 simulation the model was forced by the observed monthly SST and Sea Ice  
222 Concentration (SIC; Rayner et al. 2003) over the global oceans. In the sensitivity  
223 simulation the model was also forced by the observed SST and SIC except over the  
224 SSWP region where we keep repeating the mean climatological annual cycle (thus  
225 suppressing the SSWP warming). In both control and sensitivity experiments a total  
226 of 50 ensemble members were created by adding random diabatic forcing.  
227 Ensemble member 1 was perturbed 1 day (72-time steps), ensemble member 2 was  
228 perturbed for 2 days, and so on.

#### 229 *d. Fully coupled GCM simulations*

230 Lastly, we used 51 fully coupled (ocean-atmosphere) pre-industrial control run  
231 simulations from the Coupled Model Intercomparison Project phase 5 (CMIP5)  
232 (Taylor et al., 2012). The models -identified in Sup. Table 1- have variable

233 resolutions and were integrated for several hundred years under prescribed GHG  
234 and stratospheric O<sub>3</sub> concentrations that are representative of pre-industrial  
235 conditions. These simulations reflect natural, unforced variability in the climate  
236 system.

### 237 **3. Observed trends**

#### 238 *a. The pressure trend dipole and the South Pacific drying band*

239 Figure 1a shows the SLP trend during May - September (MJJS) from 1979 to 2018.  
240 Positive pressure trends dominate over the subtropical/midlatitude SH oceans  
241 (25°-45°S), with the largest values (>0.6 hPa/dec significant at  $p<0.10$ ) across the  
242 South Pacific from the dateline to the west coast of South America. Positive trends  
243 are also significant over most of the South Atlantic. To the south of 45°S the trend  
244 pattern loses its zonal symmetry and is only significant over the ABS region where  
245 SLP has declined more than 1.0 hPa/dec during MJJS. The dipole in pressure trend  
246 is reminiscent of the South Pacific Oscillation identified by You and Furtado (2017)  
247 as the leading mode of interannual variability in this basin. Although our focus is on  
248 the winter, Sup. Fig. 2 also shows the SLP trends during summer. The summer  
249 trends are more zonally consistent and project strongly onto the SAM pattern,  
250 although the South Pacific pressure trend dipole is weaker.

251 To quantify the strength of the pressure trend dipole, we calculate the difference in  
252 SLP trend between the subtropical Pacific (40°-30°S; 210°-260°E) and the ABS  
253 region (70°-60°S; 230-280°E). The dipole is stronger from autumn to spring (Sup.  
254 Fig. 3), since the positive trends in the subtropical Pacific and the negative trends in  
255 the ABS are larger and consistent in the winter semester. Our results are in contrast  
256 to those of Turner et al. (2013) who found stronger negative trends in summer for

257 the period 1979-2008, indicating the ABS pressure has recently begun deepening  
258 during winter after 2008 (Sup. Fig. 5). Furthermore, Turner et al. (2013) focuses on  
259 the deepening of the ASL (whose center moves through the year) while our trend  
260 calculation consider the broad and fixed ABS region.

261 The four-decade trend in Z500 during MJJAS (Fig. 1b) is consistent with the SLP  
262 trend, with a marked decrease over the ABS and ridging over the  
263 subtropical/midlatitude Pacific, thus revealing the quasi-barotropic nature of the  
264 pressure trend dipole. Geopotential height is strongly associated with mean  
265 temperature of the tropospheric column whereby warming of the column increases  
266 heights. Indeed, ERA5 data shows a warming trend throughout the troposphere  
267 across the Pacific between 30°-40°S (Sup. Fig. 4), which we later show is linked to  
268 the adjacent warming of sea surface temperatures.

269 Although the intensity of the pressure decline over the ABS region and subtropical  
270 Pacific ridging differs among datasets (Table 2) all of them reveal a significant  
271 South Pacific pressure trend dipole during the last four decades. The differences are  
272 most marked in the Antarctic periphery where the paucity of observations  
273 introduces larger uncertainties. The NNR SLP trend in the ABS is nearly twice larger  
274 than its ERA5 counterpart, which could be related to spurious trends in the former  
275 reanalysis (Marshall 2013). Nonetheless, the spatial pattern of the SLP trends is  
276 similar between both datasets (Sup. Fig. 2). Previous studies, which often consider a  
277 period ending before 2015, also found the subtropical Pacific ridging and the ABS  
278 low deepening (e.g., Trenberth et al. 2014). Indeed, using all possible combinations  
279 of initial and final years (if the period length is  $\geq 10$  years) we found that the SLP  
280 over the ABS (subtropical South Pacific) has been decreasing (increasing) until  
281 present (Sup. Fig. 5) meaning it is not fully explained by the negative IPO trend,

282 which weakened after 2014, and also explains why our results differ from Turner et  
283 al. (2013) which did not find a deepened ASL in winter for their period ending in  
284 2008; until that year the 40-year trends were positive over the ABS (Sup. Fig. 5a).

285 Collocated with the ridging across the South Pacific is an area of drying extending  
286 from about 30°S, 140°W to the west coast of South America (Fig. 1d). The four-  
287 decade precipitation decline over the eastern South Pacific based on ERA5 data is  
288 around -0.3 mm/day per decade and is statistically significant ( $p < 0.10$ ) in several  
289 portions of the ocean and along the Chilean coast. The drying suggested by the  
290 reanalysis data is confirmed with CMAP data and corroborated by positive OLR  
291 trends across the subtropical Pacific (Sup. Fig. 6). Moreover, over South America, *in-*  
292 *situ* records reveal a strong drying trend over the last 40 years in central-southern  
293 Chile, the subtropical Andes and parts of western Argentina (Boisier et al. 2016;  
294 2019; Rivera et al. 2017). The drying has intensified since 2010 resulting in the so-  
295 called Central Chile mega drought with severe environmental and social impacts  
296 (Garreaud et al. 2017). Precipitation in this region is largely produced by  
297 extratropical frontal systems (Matthews 2012; Catto et al. 2012) and closely tied to  
298 the strength of the low- and mid-level westerlies (Garreaud 2007). Thus,  
299 precipitation decline is most likely due to weakened westerly winds and increased  
300 subsidence across the northern edge of the sub-tropical ridge. Meanwhile, the  
301 precipitation increases along the southern tip of the South America (Fig. 1d) is  
302 collocated with the region where westerlies have strengthened on the southern  
303 edge of the ridge. This subtropical – midlatitude contrast of precipitation trends  
304 over the southeast Pacific resembles the precipitation anomalies caused by the  
305 positive SAM phase (e.g., Fogt and Marshall 2020), but the SAM trend in winter is  
306 weak and insignificant pointing to other mechanism at play.

307 *b. CPac-drying and SAM-congruent trend analysis*

308 As mentioned previously, the observed pressure decrease over the ABS region (Fig.  
309 1a; England et al. 2016; Raphael et al. 2016) has been attributed to teleconnections  
310 from the tropics (e.g., Ding and Steig 2013; Clem and Fogt 2015; Meehl et al. 2016),  
311 changes in the SAM (Turner et al. 2013), or a combination of both (Fogt and  
312 Bromwich 2006; Ding et al. 2012). We revisit these possible drivers by calculating  
313 the MJJAS SLP trends (1979-2018) that are linearly congruent (referred to as  
314 congruent trend; e.g. Thompson et al. 2000) with the observed trends in rainfall  
315 over the central tropical Pacific (CPac) and the positive trend in the Marshall  
316 (2003) SAM index. For a variable  $X$  at a given grid point, the SAM-congruent trend is  
317 estimated as  $\beta \times \delta[\text{SAM}]$ , where  $\delta[\text{SAM}]$  is the linear trend of the SAM index (1979-  
318 2018) and  $\beta$  is the regression slope computed between SAM and  $X$ . The same  
319 procedure is done using positive trend in OLR averaged over the CPac region. Table  
320 3 shows the correlation among the key indices in the period 1979-2018 using the  
321 original time series and their detrended versions. The congruency analysis  
322 highlights potentially important forcing mechanisms, which we later test with  
323 numerical experiments in section 4.

324 The CPac index (Fig. 2) is defined as the OLR averaged over the southern equatorial  
325 Pacific (170°E-168°W, eq-15°S) and exhibits a significant ( $p < 0.10$ ) positive trend  
326 (i.e., drying) during 1979-2018 (Fig. 2 and Sup. Fig. 6b). The SLP trend that is  
327 congruent with the CPac drying (Fig. 3a) is a PSA-like wave train resulting from the  
328 Rossby wave source in the exit region of the sub-tropical jet in the central South  
329 Pacific during winter (Lachlan-Cope and Connolley 2006; Yiu and Maycock 2019).  
330 This pattern strongly projects onto the observed (total) SLP trend: reduced  
331 convection in the central equatorial Pacific reduce pressure over the ABS region

332 (including the ASL; Purich et al. 2016; Meehl et al. 2016) and increases pressure  
333 over parts of the subtropical Pacific. However, the CPac-drying congruent pressure  
334 trends are much weaker than the observed pressure trends, and moreover, they do  
335 not capture the eastern extension of the positive pressure trends over the eastern  
336 subtropical South Pacific close to the coast of South America (Fig. 3a).

337 The SAM index (Fig. 2) during MJJAS has a weak positive trend over 1979-2018  
338 (insignificant at  $p < 0.10$ ), presumably tied to increased GHG and associated  
339 warming of the troposphere in lower latitudes (Cai and Cowan, 2006; Arblaster et  
340 al. 2011; Fogt and Marshall 2020). As expected, the SAM congruent SLP trends (Fig.  
341 3b) are negative over Antarctica, encompassing much of the ABS region, and mostly  
342 positive at midlatitudes, except over the southeast Pacific where the SAM-related  
343 circulation anomalies are minimal due to the zonal wave three structure of the  
344 winter SAM pattern with mid-latitude circulation anomaly centers in the Indian  
345 Ocean, southwest Pacific, and South Atlantic (van Loon and Jenne 1972; Ding et al.  
346 2012). Thus, the weak SAM trend seems to have a lesser contribution to the South  
347 Pacific pressure dipole than CPac drying, and moreover, it also does not project  
348 onto the eastward extent of the subtropical ridge toward South America.

349 The residual SLP trends (the portion of the observed trends not explained by the  
350 combined CPac drying plus positive SAM trend) are presented in Fig. 3c. The total  
351 SLP trend from CPac and SAM bears strong resemblance to the observed SLP trend  
352 across much of the SH but, importantly, capture only half the amplitude. Around  
353 40% of the observed SLP decline over the ABS *is not* explained by combined CPac  
354 drying and positive SAM trend. Even more striking, more than 80% of the observed  
355 SLP increase over the subtropical southeast Pacific is not explained. Note that the  
356 interannual correlation between CPac OLR and the SAM indices (1979-2018, MJJAS)

357 is very weak, only -0.1, (Table 3; see also L'Heureux and Thompson 2006).  
358 Therefore, the two trends and their linear congruent trends are largely  
359 independent; if anything, the weak correlation between the two would slightly  
360 overestimate the congruent portion of the observed circulation trends, and  
361 therefore the 40-80% of the circulation trends not explained by CPac and SAM is a  
362 conservative estimate. We also calculated the CPac/SAM congruent trends for Z500  
363 and find similar results due to the equivalent barotropic structure of the  
364 extratropical SH circulation (Sup. Fig. 7). In sum, both the reduced rainfall over the  
365 central tropical Pacific and the weak positive SAM trend are relevant drivers of the  
366 multi-decadal pressure trend dipole over the South Pacific, but together they only  
367 explain about half of its intensity and even less of its eastward extent, indicating  
368 other mechanisms at play.

### 369 *c. SST trends and the Southern Blob*

370 Given its potential impact on the pressure trend dipole, we now examine SST trends  
371 over the last four decades. As before, we focus our analysis on MJJAS. Since the late  
372 1970s, SST warming has dominated most of the world's oceans ( $\sim 0.13^\circ\text{C}/\text{dec}$  in  
373 average) but a few regions have experienced a cooling trend including the Southern  
374 Ocean and the eastern sub-tropical South Pacific (Fig. 1c). The largest warming in  
375 the whole Pacific basin (almost  $0.4^\circ\text{C}/\text{dec}$ , significant at  $p < 0.01$ ) is found over the  
376 subtropical southwest Pacific (SSWP, centered at  $35^\circ\text{S}$ ,  $160^\circ\text{W}$ ). The SST warming  
377 of the SSWP over the last four decades is seen across multiple datasets (Table 4)  
378 and is observed year-round but is strongest in winter (Sup. Fig. 3). From here on we  
379 refer to this warming as the *Southern Blob* given its impressive size and intensity.  
380 The rate of warming during winter has remained persistent throughout the past  
381 four decades (Saurral et al. 2018) indicative that the Southern Blob has emerged



382 gradually and warmed continuously. Estimates of the ocean heat content (0-700 m)  
383 in this region reveal an increase over the last four decades, especially after 2010  
384 (Fig. 4a). This result agrees with the satellite-based findings from Volkov et al.  
385 (2017) that report a significant deep-ocean warming in the SSWP accounting for up  
386 to a quarter of the global ocean heat increase in the period 2005-2014.

387 The vertical structure of the Southern Blob is shown by the time-depth Hovmöller  
388 diagram of the ocean potential temperature anomalies within the SSWP (Fig. 4b).  
389 The largest anomalies ( $\sim+0.5^{\circ}\text{C}$ ) have occurred in the upper 200 m, encompassing  
390 the mixed layer and the thermocline. There are also strong anomalies below 300 m  
391 in the early 1980s and late 2000s that seems unrelated to the Blob. The origin of the  
392 Southern Blob is discussed later in section 5.

#### 393 **4. Modeling results**

##### 394 *a. Full SST simulations*

395 We now investigate results from our sensitivity experiments with CESM and  
396 SPEEDY to better understand the relative roles of various SST changes in driving  
397 the MJJAS pressure trends over the South Pacific. Two CESM sensitivity  
398 experiments were performed to investigate the influence of 1979-2018 global SST  
399 trends thereby capturing potential contributions from all ocean basins. As  
400 described in section 2b, the experiments consist in a 30-year integration using a  
401 monthly climatology of SST (CLIM) and the climatology plus a monthly step  
402 function that represent the total change between 1979-2018 (CLIM+dSST). Table 1  
403 summarizes the experiments and Sup. Fig. 1 shows the prescribed SST fields. The  
404 significance of the differences between CLIM+dSST and CLIM for selected variables  
405 was assessed using a two-tailed *t*-test.

406 The SLP/Z500 response to the 1979-2018 global SST trend (Fig. 5a,d) is in good  
407 agreement with the observed SLP/Z500 trends across the SH, including the  
408 pressure decrease over the ABS region (significant at  $p<0.10$ ) and pressure increase  
409 over the subtropical South Pacific. The simulated intensity of the trend dipole  
410 (inferred from the total change in the 40-year period) is 60-70% of the observed  
411 intensity in ERA5. The CESM simulated precipitation differences between  
412 CLIM+dSST and CLIM (Fig. 5g) also aligns with the observed precipitation trends  
413 (Fig. 1d), with drying over the central equatorial Pacific and along a northwest-to-  
414 southeast diagonal band across the subtropical Pacific reaching the west coast of  
415 South America and increased precipitation south of the subtropical ridge, both  
416 significant at  $p<0.10$ .

417 In the case of SPEEDY (section 2c, Table 1), which we use to independently  
418 corroborate the CESM results, the control ensemble mean SLP trends (1977-2016  
419 in this case) also exhibit a prominent dipole over the South Pacific (Figs. 6a), with a  
420 slightly weaker intensity compared with ERA5 but significant at  $p<0.15$  using a  
421 Monte Carlo experiment (Sup. Fig. 8). Trends for each of the 50 members distribute  
422 over a wide range, but they are mostly positive over the subtropical Pacific and  
423 negative over the ABS region (Sup. Fig. 8). SPEEDY also reproduce a dipole in the  
424 trend of Z500 although displaced to the west of the observed pattern (Fig. 6d). The  
425 drying band extending across the subtropical south Pacific and reaching central  
426 Chile is also captured in the full AMIP ensemble mean using SPEEDY (Fig. 6g).

427 The overall agreement across the South Pacific between observed trends (Fig. 1)  
428 and their simulated counterparts using CESM and SPEEDY (Figs. 5 and 6, upper  
429 rows) forced with realistic SSTs implies that most of the pressure and precipitation  
430 trends over the South Pacific are, at first order, driven by concurrent SST changes in

431 the global oceans. An obvious candidate is the central equatorial Pacific where SST  
432 and associated convective anomalies alter the extratropical circulation during  
433 winter by exciting the PSA pattern (Mo and Higgins 1998; Fig. 3a). Nevertheless,  
434 our regression analysis revealed that the observed CPac-related pressure trends  
435 explain less than half of the observed pressure decline over the ABS region and  
436 positive pressure trends are mostly absent over the eastern subtropical Pacific  
437 (section 3b).

438 *b. SSWP warming sensitivity experiments*

439 The direct impact of the Southern Blob on the pressure trends over the South  
440 Pacific is now investigated using numerical experiments designed to isolate the role  
441 of SSWP warming. In CESM we conducted an additional 30-year integration  
442 identical to CLIM+dSST but removing the SSWP warming (see Section 2 and Table  
443 1) and replacing with the climatological seasonal cycle of the control run. Note that  
444 the area affected by this substitution represent less than 1% of the global ocean.  
445 The global SST trend without SSWP warming experiment informs us of the trends  
446 in the atmospheric circulation that would have emerged from the global change in  
447 SST but *without* the influence of the Southern Blob. Figure 5b shows this altered  
448 SLP trend, which mostly retains the CPac-PSA pattern, but the South Pacific dipole  
449 is weakened by about half. Similar results are found in Z500 (Fig. 5e). The SST-  
450 forced precipitation trend still features the drying over the CPac region, implying  
451 that this feature is caused by SST trends not related to SSWP warming (e.g., they  
452 likely emerge from the tropical Pacific SST trends), but the dry diagonal band  
453 extending to central Chile conspicuously disappeared after removing SSWP  
454 warming (Fig. 5h).

455 The difference between the atmospheric trends simulated by CESM with and  
456 without SSWP warming provides an estimate of the Southern Blob direct effects  
457 (recall that our atmosphere-only simulations reveal the *direct* effect of the SST but  
458 do not capture atmosphere-ocean feedbacks). The maps in the bottom row in Fig. 5  
459 shows that SSWP warming forces a SLP decline of around -2 hPa (-0.5 hPa/dec) on  
460 the western side of the ABS region (significant at  $p < 0.10$  over the Ross sea) and a  
461 strong SLP increase of around +1.6 hPa (+0.4 hPa/dec) across the South Pacific  
462 centered at 35°-40°S (significant at  $p < 0.10$  from 120°W to the Chilean coast).  
463 Notably, the direct impact of the Southern Blob in the pressure trend are quite  
464 similar to the residual not explained by CPac drying plus positive SAM trend in our  
465 congruency analysis (Fig. 3c) with the only exception being that the strongest blob-  
466 related ABS deepening is to the west of the area where the residual is largest.  
467 Furthermore, nearly all the sub-tropical South Pacific pressure increases east of  
468 150°W are tied to the SSWP warming. Likewise, the Southern Blob explains most of  
469 the drying between 30-40°S in the far eastern South Pacific near the coast of central  
470 South America (Fig. 5i) confirming previous claims on its key role in driving the  
471 central Chile mega drought (Garreaud et al. 2019).

472 Again, to test the results in CESM, a second 50-member ensemble run was carried  
473 out with SPEEDY forced by the observed SST except over the SSWP region where  
474 SST is kept to the mean climatological annual cycle (Table 1). The ensemble mean  
475 pressure trends in the no-SSWP simulation still exhibit ridging over the subtropical  
476 Pacific and deepening over the west flank of the ABS region but they are about half  
477 of the trends in the control (full SST) simulations (middle row in Fig. 6 and Sup. Fig.  
478 8). To depict the Southern Blob direct effect as per SPEEDY simulations, the bottom  
479 panels in Fig. 6 show the difference between SLP, Z500 and precipitation trends

480 with and without the SSWP warming. The warming of the SSWP emerges as the  
481 dominant driver of the positive pressure trends (Figs. 6c,f) and drying (Fig. 6i) in  
482 the far east subtropical Pacific, central Chile and the subtropical Andes, and also  
483 contributes to the pressure decrease over the western half of the ABS region.

484 Therefore, two GCMs -with different levels of complexity- show that the strong  
485 warming of the SSWP accounts for about half of the pressure decline over the  
486 western half of ABS region and nearly all of the ridging over the far eastern  
487 subtropical South Pacific, thus accounting for much of the residual of CPac drying  
488 and positive SAM. The Southern Blob thus emerges as a key element in the pressure  
489 trend dipole over the South Pacific during the last four decades, acting in concert  
490 with long-term changes in connection with CPac drying and positive SAM trends.

#### 491 *c. Fully coupled model results*

492 Next, we examine the dynamical response to the Southern Blob across a much  
493 larger range of possible background conditions using the ensemble of 51 CMIP5  
494 pre-industrial control runs (section 2). As these simulations are fully coupled, this  
495 analysis also captures feedbacks between atmosphere and ocean. First, we  
496 calculated all possible 40-year SST trends in the SSWP for each ensemble member  
497 and retain only the 40-year interval over which the largest trend occurred in each  
498 ensemble member. Figure 7 shows the multi-model mean SST, SLP, and  
499 precipitation trend for the strongest 40-year warming periods. The Southern Blob,  
500 as simulated in these coupled models, is associated with a South Pacific pressure  
501 trend dipole similar to the observed pressure trend over 1979-2018, including the  
502 elongated ridge extending across the midlatitude Pacific from New Zealand to the  
503 coast of Chile and the pressure decline over the ABS region, as well as a reduction in

504 rainfall in the southeast Pacific and central Chile between 30-40°S. Also relevant is  
505 that the large-scale pattern accompanying strong SSWP warming consists of  
506 reduced rainfall in CPac and a positive SAM pattern (Fig. 7), which suggests these  
507 climate patterns are relevant features of strong SSWP warming, likely in the  
508 development and maintenance of the Southern Blob.

509 Now we compare the observed warming rate of the Southern Blob to the highest  
510 40-year SSWP warming rates simulated in the pre-industrial models (Fig. 8). The  
511 recent warming (+1.4°C/40-yr) exceeds all possible simulated 40-year warming  
512 trends that arise from natural (unforced) variability in the CMIP5 pre-industrial  
513 models. Assuming that the model variability in this large ensemble of pre-industrial  
514 simulations is representative of the internal climate variability we can infer that the  
515 current magnitude of SSWP warming likely would not arise under natural multi-  
516 decadal climate variability alone, and it appears that external forcing, such as  
517 radiative forcing from increasing GHG concentrations, has likely contributed to the  
518 remarkable rate of warming in this region of the Pacific over the past 40 years. The  
519 SST response to current anthropogenic forcing has been estimated from the multi-  
520 model mean trend in the merged historical and RCP8.5 (post 2006) simulations that  
521 contain observed, time-varying external forcing such as recent anthropogenic  
522 increases in GHG concentrations (e.g., Cubash et al. 2001; Funk and Hoell 2015).  
523 While in the equatorial region the strongest warming is over the eastern Pacific the  
524 pattern reverses in the extratropical South Pacific, with the anthropogenic warming  
525 being stronger in the west. These results support the notion that a long-lived  
526 Southern Blob can emerge naturally in the SSWP associated with CPac drying and  
527 positive SAM, but its exceptional intensity over the past 40 years—along with the  
528 dynamical response—has been aided by anthropogenic forcing.

529 **5. Discussion**

530 In the previous section we have documented the pressure trend dipole between the  
531 subtropical Pacific and the Antarctic periphery using observational datasets.  
532 Sensitivity experiments using atmospheric simulations further suggest that part of  
533 these trends appear in connection with the marked surface warming over the  
534 SSWP. In this section we advance some hypothesis on the origin of the blob and  
535 how it can force such atmospheric responses.

536 The linear congruency results along with the spatial trend pattern from CESM and  
537 SPEEDY experiments without SSWP warming suggest that anomalous reductions in  
538 precipitation over CPac would produce, by itself, anomalous ridging east of New  
539 Zealand and a pressure decline over the ABS region tied to its generation of the PSA  
540 pattern. This is consistent with previous findings (e.g., Trenberth et al. 2014; Meehl  
541 et al. 2016) and further confirmed by our own CPac sensitivity experiment we  
542 performed with CESM in which we applied a negative SST anomaly in the region of  
543 observed reduced rainfall/positive OLR (180°, 6°S) (Fig. 9). Indeed, Z500 and 250  
544 hPa streamfunction anomalies reveal the PSA-like response to this perturbation  
545 with ridging in the subtropical Pacific and deepening near the Antarctic periphery.  
546 The PSA-related ridging at subtropical latitudes, however, does not reach the west  
547 coast of South America. Notably, an anomalous Rossby wave source is established  
548 along the sub-tropical jet at 30°S between 180-150°W, resulting in an anticyclone  
549 over and just east of the Southern Blob.

550 We speculate that anomalous easterly/northeasterly surface winds on the northern  
551 and western edge of the PSA ridge transports warm sub-tropical water into the  
552 Southern Blob and favors anomalous downwelling due to anticyclonic wind stress

553 curl to the left (on the poleward side) of the easterlies. The subsidence associated  
554 with the ridge would also favor calm winds (reduced ocean mixing) and reduced  
555 cloud cover immediately over the Blob increasing the oceanic absorption of  
556 incoming shortwave radiation and warming the surface. Therefore, we posit that  
557 the development of the Southern Blob during 1979-2018 is dynamically tied to the  
558 observed drying in CPac and the associated PSA pattern (Fig. 10a). Indeed, the  
559 winter CPac-OLR and SSWP SST are highly correlated (Table 3).

560 We note, however, that more than 70% of the winter SST trend from 1979 to 2018  
561 over the SSWP *is not explained* by the CPac drying, and therefore positive  
562 atmosphere-ocean feedbacks between the SSWP warming and associated ridging  
563 are likely at play. Exploring such feedbacks will require fully coupled simulations  
564 and/or OMIP (ocean only) simulations and should be the subject of future work.  
565 Likewise, the exceptional warming rate and heat content over the past 40 years in  
566 the SSWP suggest the influence of anthropogenic forcing and calls for further  
567 studies.

568 The accumulation of heat in the upper ocean of the Southern Blob would then be  
569 transferred to the atmospheric boundary layer and eventually to the whole  
570 tropospheric column (Sup. Fig. 4). The mid-level warming and ridging extend well  
571 beyond the SSWP region, reaching the far eastern South Pacific. Indeed, 1979-2018  
572 trends in ERA5 thermal advection (Sup. Fig. 9) show a significant increase in  
573 eastward warm air advection toward South America sourced over the SSWP  
574 warming region. This would increase geopotential heights and result in  
575 downstream ridge building over the eastern sub-tropical South Pacific (Fig. 10b).



576 Our numerical experiments also suggest the SSWP warming contributes to the  
577 recent MJJAS pressure decline over the ABS region (Figs. 5c and 6c), specially  
578 between 180-120°W (Fig. 10b). To investigate the mechanisms at play, we examine  
579 the trends in ERA5 of the **Eu** vector. This vector is the horizontal, local expression of  
580 the Eliassen-Palm (E-P) Flux useful for gauging the effect of the Eddies on the zonal  
581 mean flow (Trenberth 1991). South of the anomalous ridge associated with SSWP  
582 warming (190-210E) there is increased poleward momentum flux and momentum  
583 flux convergence over the western flank of the ABS region (Sup. Fig. 10). This  
584 results in strong westerly wind production in the mid-latitude jet which is  
585 associated with a regional poleward shift of the mid-latitude jet/storm track (e.g.  
586 Barnes and Polvani 2013). Therefore, the SSWP warming may partially force the  
587 weak positive SAM trend (e.g., Ding et al. 2012) through a combination of  
588 strengthening north-south temperature gradient over the mid to high latitude  
589 South Pacific (via thermal wind balance) in addition to strengthening poleward  
590 momentum fluxes and momentum flux convergence.

## 591 **6. Concluding remarks**

592 In this study we have examined the dipolar structure that characterizes the  
593 pressure trend across the South Pacific in the last four decades. We documented its  
594 connection to precipitation and examined its dynamical origin by using regression  
595 analysis and atmospheric numerical experiments from two AGCMs (CESM and  
596 SPEEDY). Our main findings and results are presented below:

- 597 • The pressure trends from 1979 to 2018 feature an equivalent barotropic,  
598 north-south dipole over the South Pacific, with ridging at subtropical  
599 latitudes (most marked in the eastern South Pacific) and pressure decline

600 over the ABS region. The trends are significant and strongest in austral  
601 winter (May-September). Previous studies have linked these trends with sea  
602 surface cooling off the west coast of South America (Falvey and Garreaud  
603 2009; Vuille et al. 2015), severe drought in central Chile (Garreaud et al.  
604 2019), as well as sea ice expansion in the Ross Sea and sea ice loss/surface  
605 warming along the Antarctic Peninsula (e.g., Purich et al. 2016; Meehl et al.  
606 2016).

607 • The sea surface cooling and reduced rainfall over the central and eastern  
608 tropical Pacific (e.g., Meehl et al. 2016) and the weak positive trend in the  
609 SAM index during winter (e.g., Fogt and Marshall 2020) are relevant drivers  
610 of the multi-decadal pressure trend dipole. Our linear congruency analysis,  
611 however, indicates that their combined effect explains only about half of the  
612 observed intensity of the pressure trend dipole during 1979-2018.

613 • Two sets of atmospheric model experiments (adding a step function SST  
614 change with CESM and time varying SST (AMIP style) with SPEEDY) suggest  
615 that most of the South Pacific pressure trend dipole and subtropical drying  
616 are caused by SST trends in the global oceans. A “region of interest” is the  
617 subtropical southwest Pacific that has experienced a strong warming since  
618 the early 1980s to date, and which we refer to as the Southern Blob. The sea  
619 surface warming is evident in multiple data sets and the Blob extends  
620 down to ~200 m.

621 • Sensitivity experiments (no-SSWP warming) designed to isolate the effect of  
622 the SSWP reveal the contribution of the Southern Blob in producing the  
623 pressure trend dipole over the South Pacific during the last four decades.

624 This SSWP warming acts in tandem with the CPac drying and positive SAM  
625 trend to further reduce the pressure over the ABS region, especially in its  
626 the western portion where the Blob generates poleward momentum fluxes  
627 and locally enhances the the north-south temperature gradient. Further, the  
628 numerical experiments indicate that Blob accounts for nearly all of the  
629 eastward extension of the subtropical ridging and the drying over the far  
630 eastern South Pacific and the adjacent South American coast between 30°-  
631 40°S.

632 • Preindustrial, fully coupled simulations feature multi-decadal periods of  
633 SSWP warming that are also associated with CPac drying. This suggests that  
634 the Southern Blob –along with its remote impacts- can emerge naturally in  
635 association with the Pacific-South American pattern. The current rate of  
636 warming in the Southern Blob, however, exceeds the range of natural  
637 variability inferred by the pre-industrial inter model variability, suggesting  
638 an anthropogenic contribution to the current rate of SSWP warming. The  
639 precise mechanisms by which anthropogenic forcing augments the intensity  
640 of the Southern Blob –along with its remote impacts- requires further  
641 research.

642 In sum, our results show the Southern Blob has emerged gradually and warmed  
643 continuously over the past 40 years, is most marked during austral winter and  
644 remarkably accounts for up to a quarter of the global ocean heat increase in the  
645 period 2005-2014 (Volkov et al. 2017). Based on numerical experiments  
646 conducted with two AGCMs we found that the warming in the SSWP had had a  
647 profound influence over the South Pacific where it has caused significant  
648 pressure and geopotential height increases at subtropical latitudes extending to

649 the coast of central Chile. This ridging has shifted the storm track poleward into  
650 the ABS region and away from central Chile, thereby contributing to around half  
651 of the observed pressure decline over the ABS region (most marked around  
652 150°W) and nearly all the precipitation decline across central Chile where a  
653 severe "Megadrought" is ongoing. Examining pre-industrial climate model  
654 simulations we found that the Blob and associated teleconnections can emerge  
655 naturally, but the current rate of warming is exceptional, perhaps forced  
656 externally. By extension, these results may be useful in understanding other  
657 anthropogenically-forced drying regions projected by climate models in west  
658 coast Mediterranean climates in the Pacific, such as southwest North America  
659 and California.  
660

661 *Data Availability Statement.* All dataset from public domains. Please refer to  
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663

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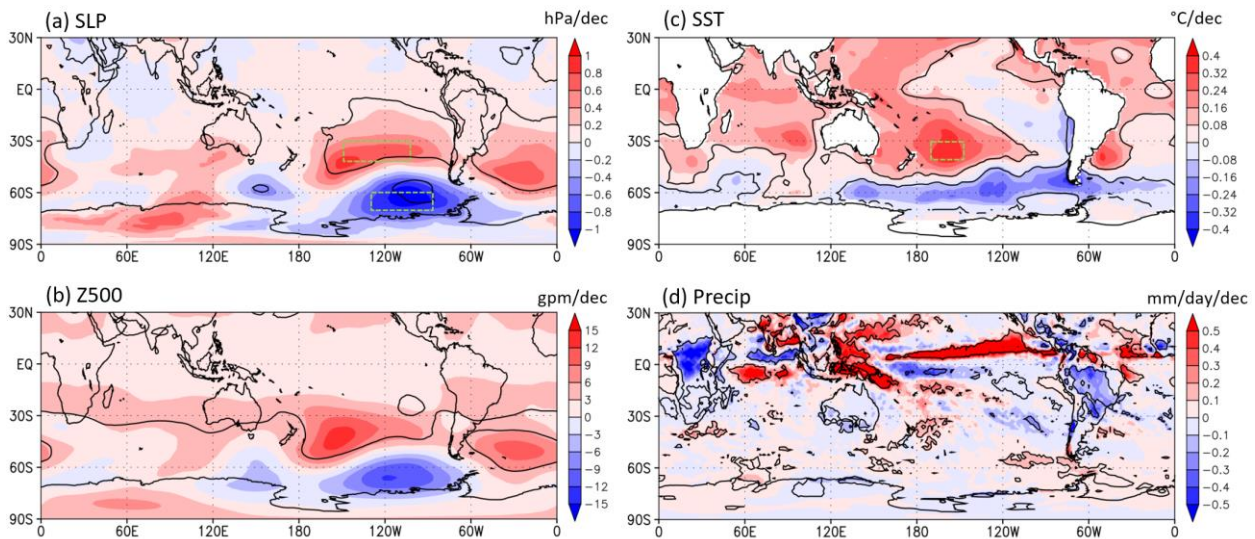
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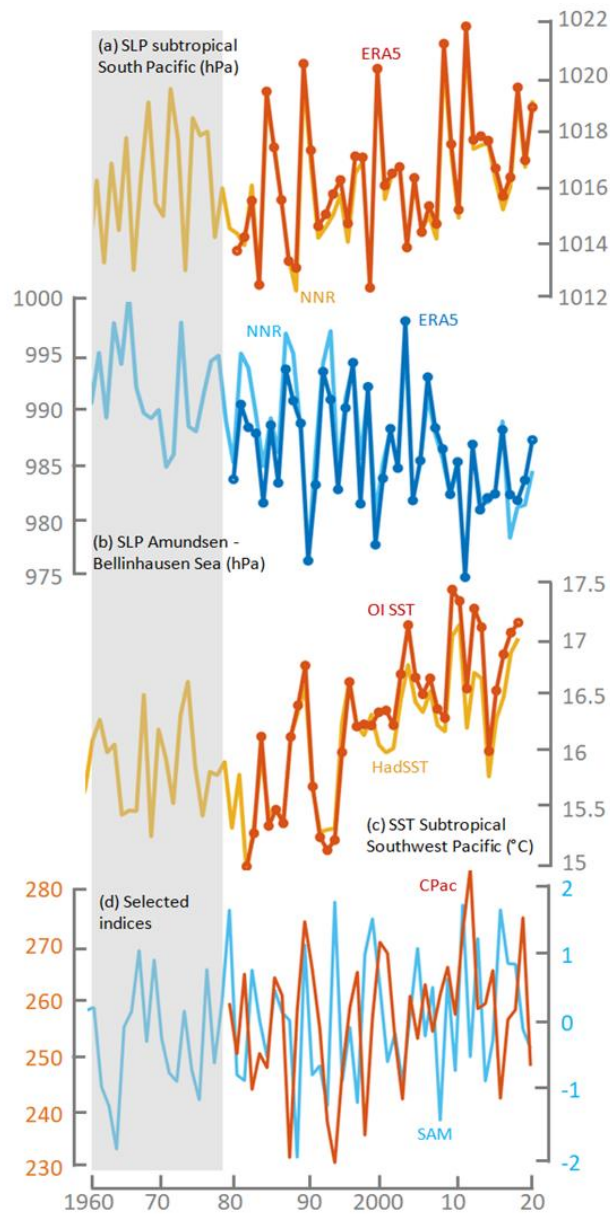
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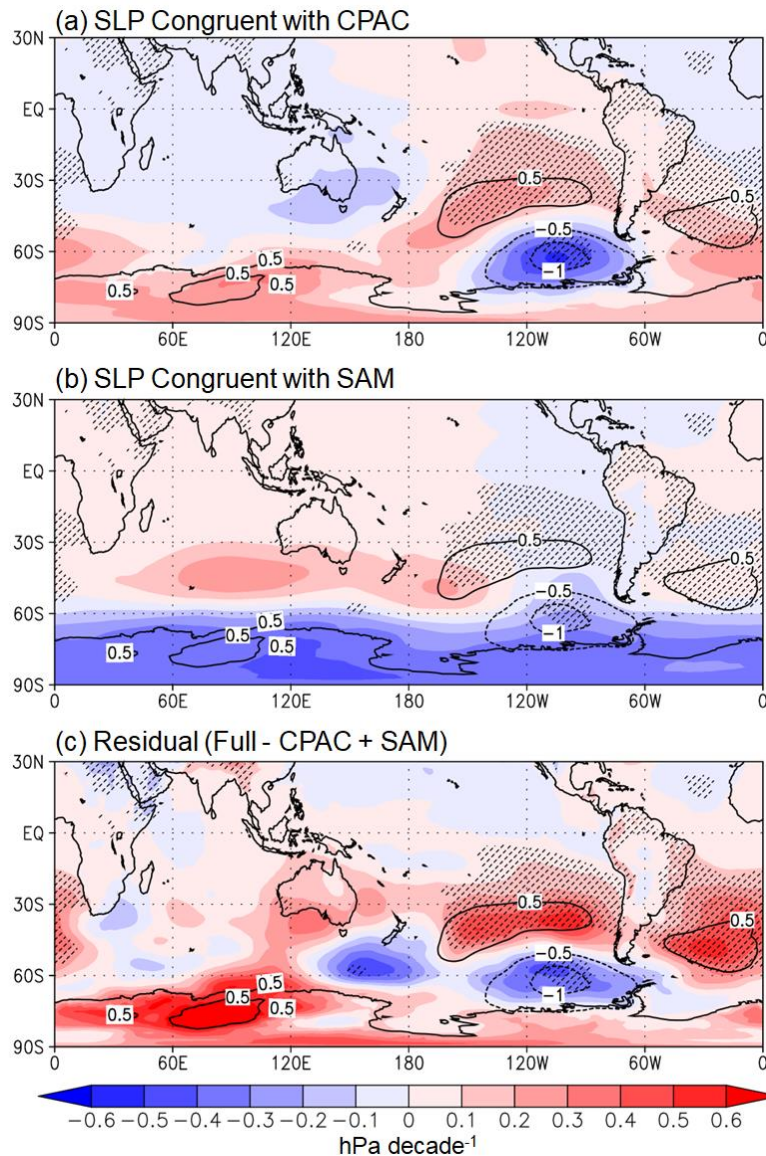
945 **Figure 1.** Austral winter (May-September) four-decade trends (1979-2018) of  
946 selected fields: (a) Sea level pressure, (b) 500 hPa geopotential height, (c) Sea  
947 surface temperature, (d) Precipitation. All data from ERA5 except SST (ERSSTv5).  
948 The black contour outlines areas with trends statistically significant ( $p < 0.10$ ).  
949 Green boxes in (a) outline the regions to define the pressure dipole and (c) the  
950 Subtropical South West Pacific (SSWP).

951



952

953 **Figure 2.** Time series of austral winter (May-September) mean of selected  
 954 variables. From top to bottom: SLP over the subtropical south Pacific (40-30°S, 210-  
 955 260°E), SLP over the Amundsen-Bellinghousen Sea region (70-60°S, 230-280°E),  
 956 SST over the subtropical southwest Pacific (40-30°S 190-210°E), the CPac index  
 957 (OLR 15°S-Eq, 170-192°E) and the (Marshall 2003) SAM index. The gray box  
 958 emphasizes the period used to calculate trends (1979-2018). Data source indicated  
 959 in each graph.

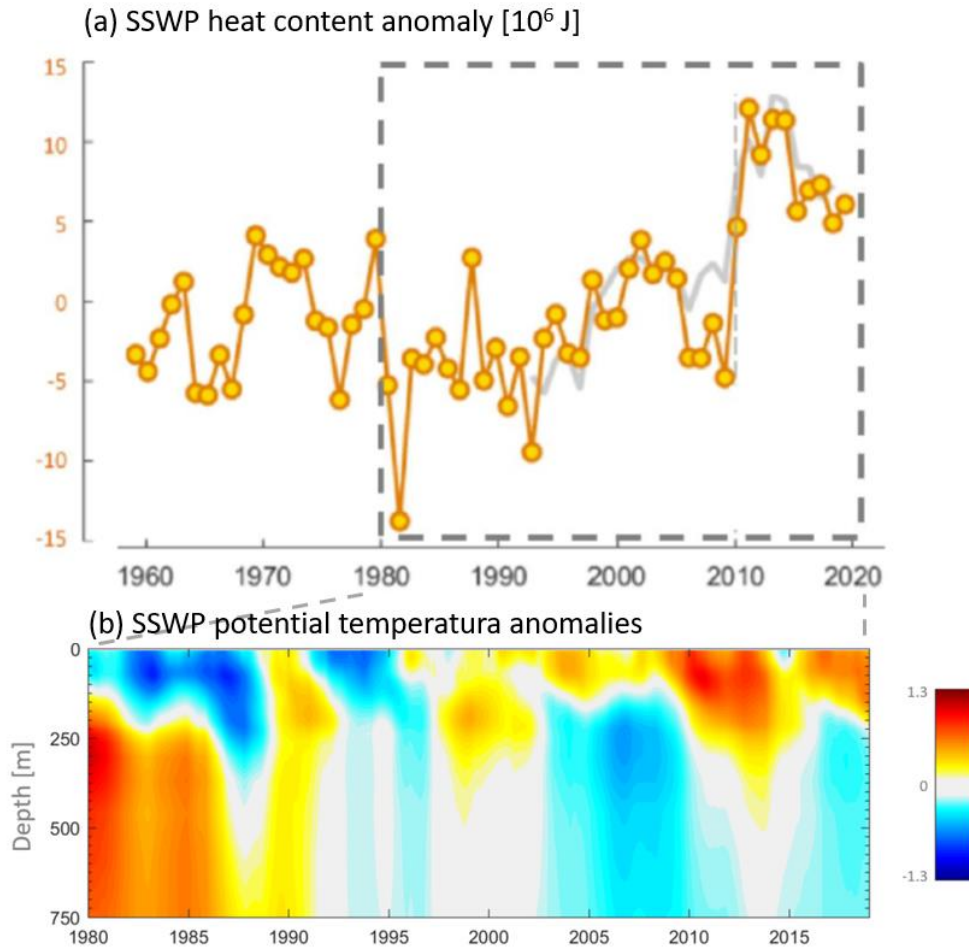


961

962 **Figure 3.** (a) Austral winter (May-September) four-decade trends (1979-2018) of  
 963 SLP that are linearly congruent with the Central Pacific drying (CPac; see details in  
 964 section 3a). (b) As panel (a) but for SLP trends that are linearly congruent with the  
 965 SAM. (c) Difference between the full trends (cf. Fig. 1a) and the sum of (a) and (b).  
 966 For reference, in all panels stippling denotes where the *observed* trends are  
 967 statistically significant at  $p < 0.10$ , and the black contours show the *observed*  $\pm 0.5$   
 968 and  $1.0$  hPa/dec SLP trends (cf. Fig. 1a).

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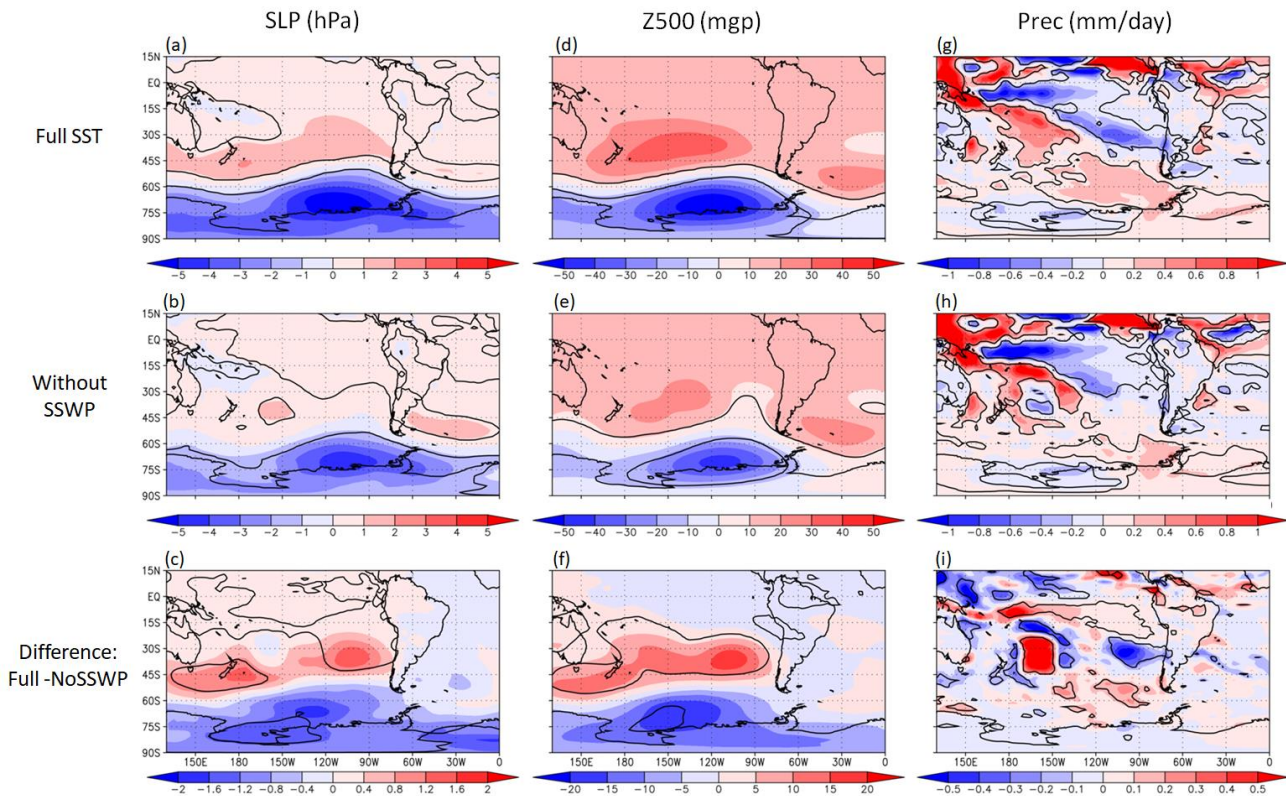


971

972 **Figure 4.** (a) Annual values of ocean heat content anomaly (0-700 m) in the  
973 subtropical southwest Pacific (40-30°S 190-210°E). (b) Monthly anomalies  
974 (departure from 1980-2000 mean) of ocean potential temperature in the SSWP.  
975 Data from NCEP-GODAS.

976





978

979 **Figure 5.** Results from CESM sensitivity experiments (see details in section 2b).

980 Upper row: Difference between CLIM+dSST and CLIM runs showing the

981 atmospheric response to the observed SST change between 1979 and 2018. The

982 atmospheric fields are SLP (left panel), 500 hPa geopotential (central panel) and

983 total precipitation (right panel). Middle row: As in upper row but for the difference

984 between CLIM+dSST without the SSWP warming and CLIM. Lower panel: Difference

985 between CLIM+dSST and CLIM+dSST without the SSWP, thus revealing the direct

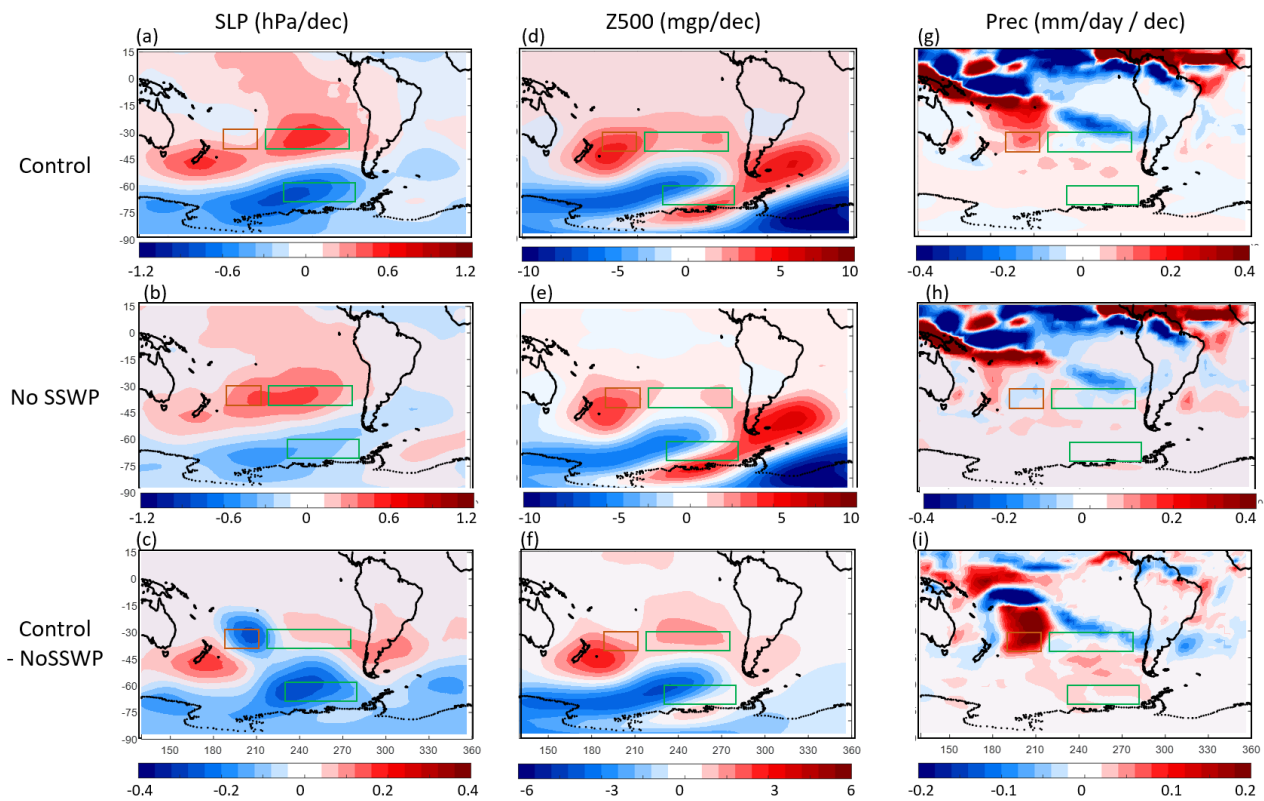
986 atmospheric response to the subtropical southwest Pacific warming. The black

987 contour outlines where the differences between each group following a two-tailed  $t$

988 test (58 degrees of freedom) are statistically significant at  $p < 0.10$ .

989

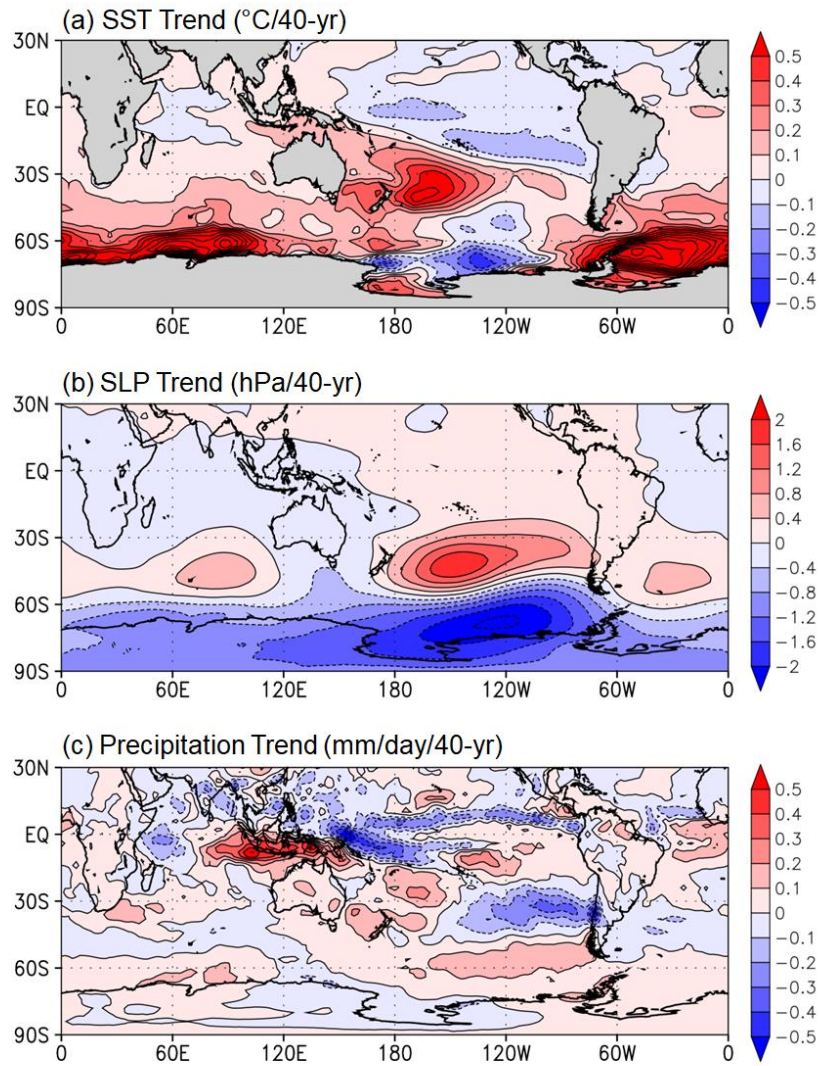
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991

992 **Figure 6.** Results from SPEEDY sensitivity experiments (see details in section 2c).  
993 Upper row: Winter (MJJAS) trends from 1977 to 2016 simulated by the model  
994 forced by observed SST over the whole globe (Control). The atmospheric fields are  
995 SLP (left panel), 500 hPa geopotential (central panel) and total precipitation (right  
996 panel). Middle row: As in upper row but for the experiment in which the model was  
997 forced by observed SST except over the SSWP (No SSWP warming). Lower panel:  
998 Difference between Control minus No-SSWP warming trends, thus revealing the  
999 direct atmospheric response to the subtropical southwest Pacific warming (shown  
1000 by the orange box). The ABS region and subtropical Pacific are outlined by the  
1001 green box. Significance of the trends in these regions is shown in Sup. Fig. 8.

1002



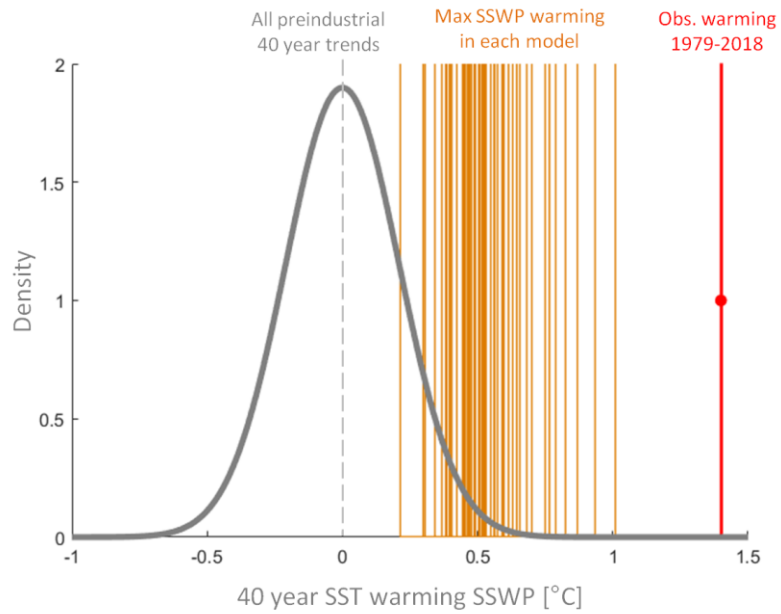
1003

1004 **Figure 7.** Composite of 40-year trends for highest 40-year warming trend periods  
 1005 over the SSWP ( $40\text{-}30^{\circ}\text{S}$   $190\text{-}210^{\circ}\text{E}$ ) during austral winter obtained from 51  
 1006 preindustrial fully coupled simulations. The composite maps are (a) SST, (b) SLP  
 1007 and (c) total precipitation.

1008



1009

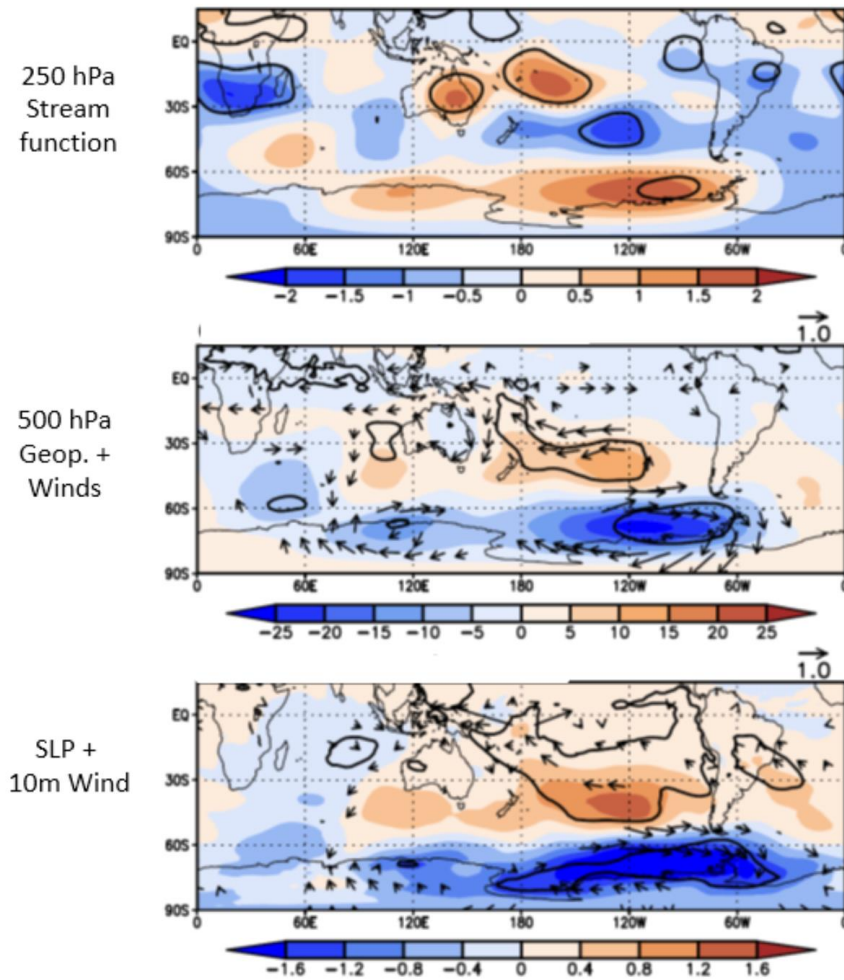


1010

1011 **Figure 8.** Frequency distribution of all 40-year SST trends over the SSWP (40-30°S  
1012 190-210°E) obtained from 51 preindustrial fully coupled simulations (grey curve).  
1013 The orange vertical lines show the highest 40-year SSWP warming trends in each  
1014 simulation. The red vertical line shows the observed trend (1979-2018).

1015

### Cpac-1.5C Experiment

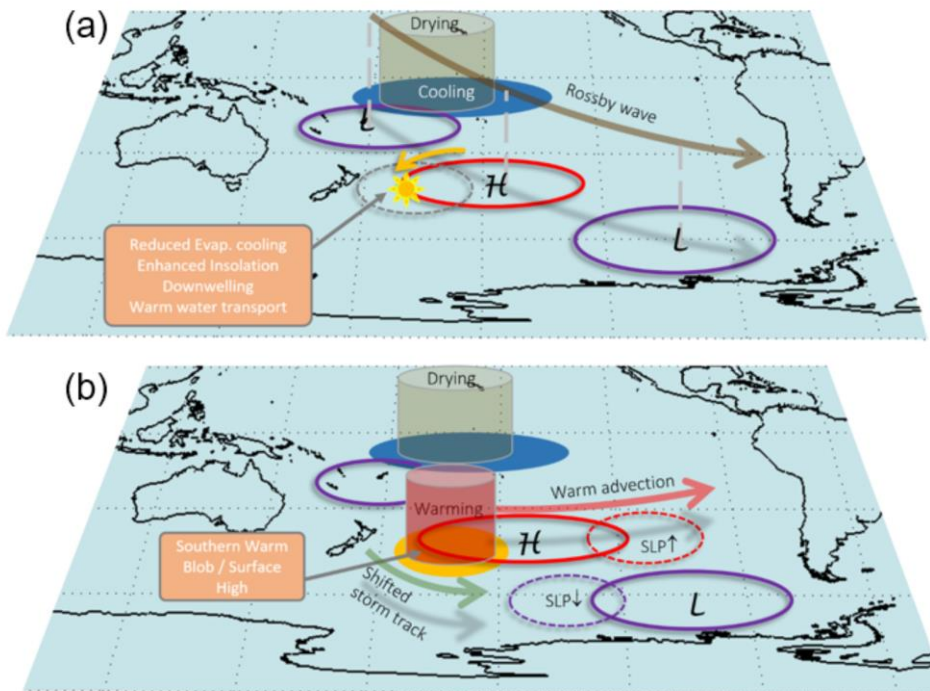


1016

1017 **Figure 9.** CESM results from the CPac sensitivity experiment in which we imposed  
1018 a cooling of 1.5°C in the Central equatorial Pacific (see section 2b for details). The  
1019 maps show the 30-year average difference between the CPac experiment and the  
1020 control experiment (climatological SST). The fields are 250 hPa streamfunction  
1021 (upper panel), 500 hPa geopotential height and winds (middle panel) and sea level  
1022 pressure and 10-m winds (lower panel).

1023

1024



1025

1026 **Figure 10.** Schematic conceptual model of the (a) initiation and (b) mature phase of  
1027 the Southern Blob and its effect on the South Pacific atmospheric circulation. The  
1028 filled blue and yellow ovals indicate sea surface cooling and warming, respectively.  
1029 The open red and purple ovals indicate positive and negative pressure anomalies,  
1030 respectively. Other symbols labeled in the Figure. See section 5 for a full discussion.

1031

1032 **Tables**

1033 **Table 1.** Summary of (a) CESM and (b) SPEEDY modeling experiments.

1034 a CESM: In each case we performed a 30-year simulation (following a one-year  
 1035 spin-up) forced by repeating monthly climatologies of SST as described below. In all  
 1036 cases we used GHG and O3 representative of 1850s and repeating monthly  
 1037 climatologies of SIC (see section 2b for details). See Sup. Fig. 1 for the SST boundary  
 1038 conditions.

	Sea surface temperature		
Experiment	SSWP	CPAC	rest of the global ocean
CLIM	Perpetual monthly climatology (1950-2017)		
CLIM+dSST	Perpetual monthly climatology plus total change 1979-2018		
CLIM+dSST No SSWP	Perpetual monthly climatology	Perpetual monthly climatology plus total change 1979-2018	
CPac drying	Perpetual monthly climatology	Perpetual monthly climatology -1.5°C	Perpetual monthly climatology

1039

1040 b. SPEEDY: In each case we performed 50 runs (ensemble members) spanning from  
 1041 1960 to 2016 (trends were later calculated from 1977 to 2016). The runs differ by  
 1042 slightly different initial conditions. In all cases we use GHG and O3 representative of  
 1043 1850s.

Experiment	SST over the SSWP	SST over the rest of global ocean
Control	Observed (HadISST) monthly values (from Jan 1960 to Dec 2016)	
No SSWP	Repeating monthly climatology	Observed (HadISST) monthly values

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1046 **Table 2.** Austral winter (MJJAS) Sea Level Pressure trend (hPa/decade) over the  
 1047 period 1979-2018 from multiple datasets. SEP is the subtropical south Pacific (40-  
 1048 30°S, 210-260°E). ABS is the Amundsen Bellingshausen Sea region (70-60S, 230-  
 1049 280E). In each case we present the mean trend (estimated by least-square fitting)  $\pm$   
 1050 its 90% confidence level according to a two-tailed student-t test.

Product	SSEP	ABS	Reference
ERA-Interim	$0.72 \pm 0.4$	$-1.09 \pm 0.7$	Berrisford et al. 2011
NCEP-DOE Rea2	$0.71 \pm 0.4$	$-1.66 \pm 0.7$	Kanamitsu et al. 2002
NCEP-NCAR Rea1	$0.68 \pm 0.3$	$-1.99 \pm 0.7$	Kalnay et al, 1996
ERA-5	$0.67 \pm 0.4$	$-1.03 \pm 0.7$	Hersbach et al. 2019
HadSLP2R	$0.55 \pm 0.3$	$-2.17 \pm 0.6$	Allan and Ansell 2006

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1052 **Table 3.** Interannual correlations of winter mean (MJJAS) time series from 1979 to  
 1053 2018. Upper part: detrended time series; Lower part: original time series.  
 1054 Significance at  $p < 0.05$  ( $p < 0.1$ ) indicated by \* (\*\*)

	CPac OLR	SSWP SST	ABS SLP	SSEP SLP	SAM index
CPac OLR	1.	0.67 **	-0.38 *	0.36 *	0.02
SSWP SST	0.59 **	1.	-0.31 *	0.24	0.04
ABS SLP	-0.43 *	-0.40 *	1.	-0.52 *	-0.62 **
SSEP SLP	0.41 *	0.42 *	-0.56 *	1.	0.09
SAM index	0.03	0.16	-0.63 **	0.14	1.

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1059 **Table 4.** Austral winter (MJJAS) Sea Surface Temperature trend (°C/decade) over  
 1060 the period 1979-2018 (except for OISST V2: 1982-2018) from multiple datasets  
 1061 over the Subtropical Southwest Pacific (40-30°S, 190-210°E). In each case we  
 1062 present the mean trend (estimated by least-square fitting)  $\pm$  its 90% confidence  
 1063 level according to a two-tailed student-*t* test.

Product	SSEP	Reference
ERSST V5	$0.35 \pm 0.05$	Huang et al. 2014
COBE SST2	$0.36 \pm 0.06$	Hirahara et al. 2014
HadISST1	$0.25 \pm 0.06$	Rayner et al. 2003
OISST V2*	$0.34 \pm 0.08$	Reynolds et al. 2003.

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